## Definition and Sub-Categories of Food Waste If you cannot measure it, you cannot manage it

<u>Tomoko Okayama<sup>1</sup></u>, Kohei Watanabe<sup>2</sup> and Hajime Yamakawa<sup>3</sup>

 <sup>1</sup> Taisho University, 3-20 Nishisugamo Toshima, Japan
 <sup>2</sup> Teikyo University, 359 Otsuka Hachioji, Japan
 <sup>3</sup> Kyoto Prefectural University, Shimogamohangi-cho, Sakyo-ku, Kyoto Japan

## Background (International) SDG Targets on Food Waste



- SDG12: Responsible Consumption and Production
- 12.3 By 2030, halve per capita global food waste at the retail and consumer levels and reduce food losses along production and supply chains, including post-harvest losses
- \* Definitions what are food waste / food losses?
- \* How do we measure them?
- \* halve from 2015? then we can only use pre-existing data

#### What is food waste / food loss?

FAO	removed parts	usually eaten parts
Farm / Fishermen		
Processing		
Distribution		Food Loss
Retail		
Food Service		Food Waste
Consumer		

- Original stance of FAO considers only usually eaten parts as food.
- Some documents suggest that Food waste is a subset of Food loss

UK-WRAP (old)	removed part	S	usually eaten parts
Farm / Fisherman			
Processing			
Distribution		Possibly	
Retail	Unavoidable	Avoidable Food	Avoidable
Food Service	Food Waste	Waste	Food Waste
Consumer			
Current:	Inedible part	S	edible parts

- WRAP separated food waste into Unavoidable (inedible) and Avoidable (edible).
- Also introduced the concept of "possibly avoidable" such as bits of edible parts removed together with veg/fruit peels, or some parts that are edible, but removed according to taste.

JAPAN	removed parts	usually eaten parts
Farm / Fishermen		
Processing		
Distribution		
Retail	Food Waste	Food Loss
Food Service		
Consumer		

- Food waste includes inedible parts
- Food loss is in general, a subset of food waste
- Japanese "food loss" includes UK-WRAP's "possibly avoidable"

EU (Original?)	removed pa	rts	usually eaten parts		
Farm / Fishermen	Animal				
Processing	Feed /	Food	Loss		
Distribution	Bio- Material?				
Retail	(not				
Food Service	waste or	Food	Waste		
Consumer	loss)				

- Food Loss in **upper stream** and Food Waste in **lower**
- Utilization as animal feed or Bio-materials are not loss or waste
- No distinction between and removed parts and usually eaten parts

Fooddrinkeurope.eu

### Background (International) Target setting to halve



• SDG12 Target 3

⇒By 2030, halve per capita global food waste at the retail and consumer levels

[Indicator] 12.3.1 (b) Food waste index ( Tier III ) (UNEP)

Recycling of food waste cannot reduce impact of food production

#### SDG 12.3 should focus on food waste prevention

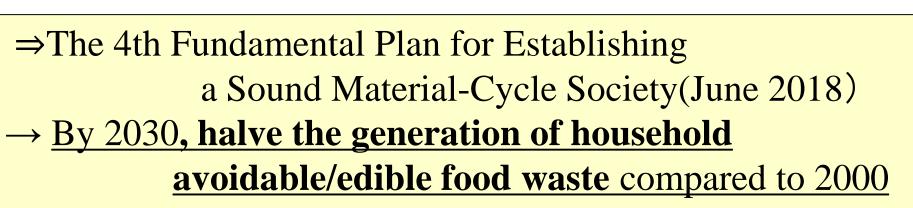


The indicator should measure avoidable food waste.

FAO (2011). Global food losses and food waste – Extent, causes and prevention. Institution of Mechanical Engineers (IMechE) (2013). Global Food: Waste Not, Want Not. IMechE.

## Background (Japan)

• Japanese policy toward SDG12.3



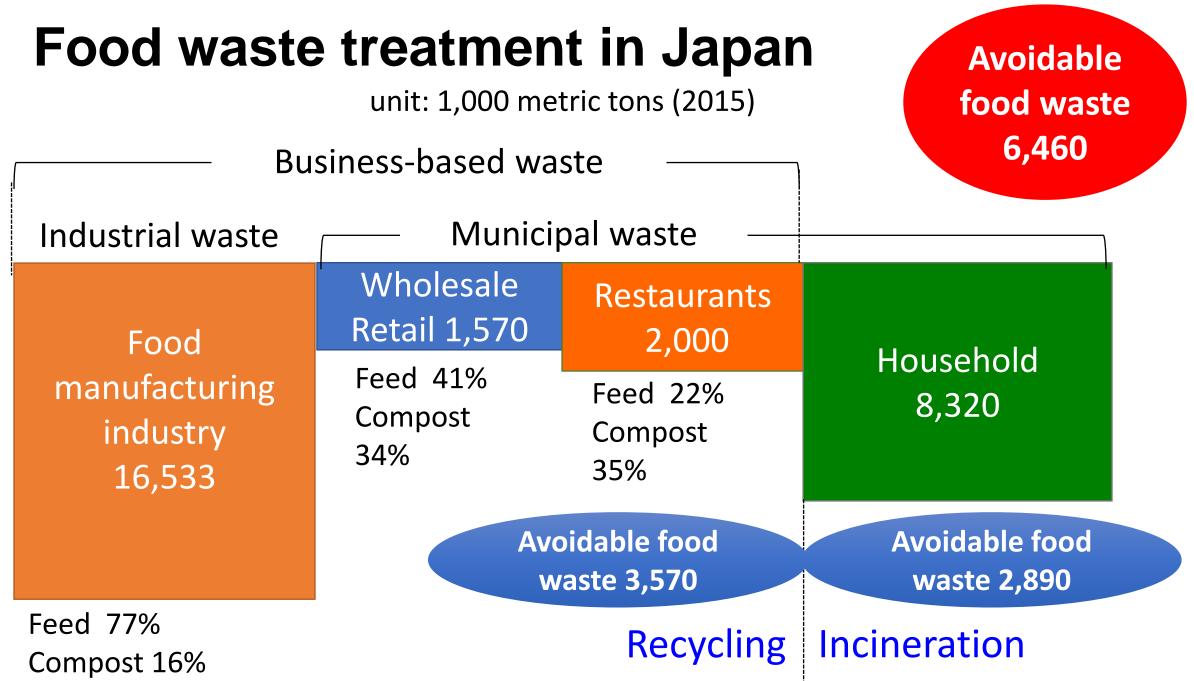
• For reduction of food waste: Law, act and regulation

⇒Foodstuff recycling law(enact 2001) Target: Business sector
⇒The low on promoting food waste prevention (May 2019)
Target: Household

■Business sector's food waste→Recycling

Households' avoidable food waste  $\rightarrow$  Prevention





Approximately 28.42 million tons of annual food disposal in Japan

## Is it the real amount of avoidable food waste?

Avoidable food waste 6,460

unit: 1,000 metric tons (2015)

- Difficult to estimate the actual amount because the survey methods of municipalities are different
- MOE published a guidance/manual for food waste sorting analysis in 2018
- but there are still some problems, with inconsistency
- $\rightarrow$ Definition
  - Objectives
  - Sorting method

Garbage in, Garbage out

## Objectives

- To define avoidable food waste from households
- To propose an internationally agreeable sorting method
- To present the result of test case-study of household waste composition analysis in Tokyo

# Developing the internationally agreeable sorting method

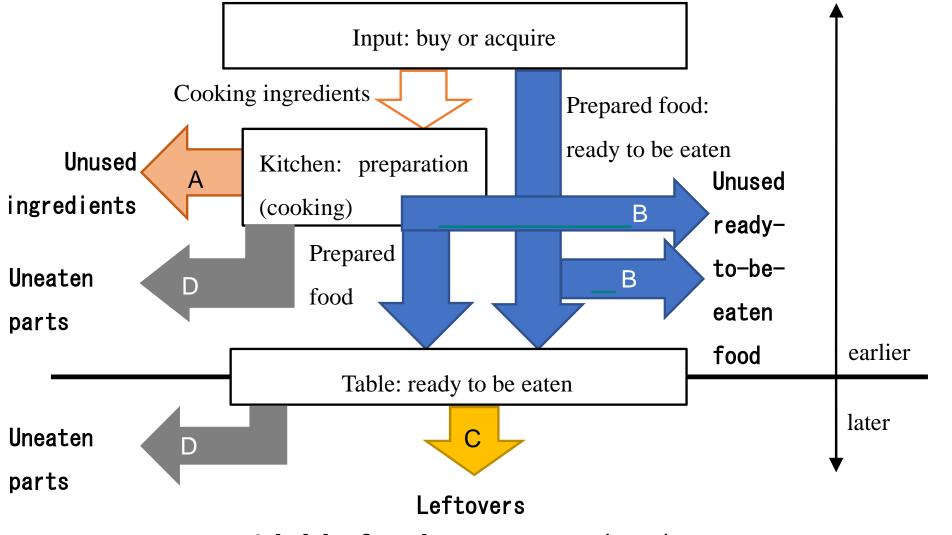
The methodology of food waste sorting analysis with categories that should be:

(1)Easy to understand,

(2)Easy to sort food waste into categories, on the waste composition analysis

(3)Useful for planning policies and activities for food waste prevention

## Food flow and stages of food waste generation in household



Concept

Avoidable food waste = A + B + C

## Main categories of food waste

Categories	Definitions
	Discarded unused food material for cooking.
A: Unused ingredients	Unused food except unused ready-to-be-
	eaten food
	Discarded unused food items prepared until
B: Unused ready-to-be-eaten food	the last step before consumption
	Ready-to-be-eaten or cooked foods that
C: Leftovers	appear to have been disposed after being
	partially eaten
	Parts of food materials intentionally
D: Uneaten parts	removed as uneaten parts in the process of
	cooking or eating

↑Intentionally removed

			1 Un	A1 Unopened ingredients	<ul> <li>fresh vegetables/fruits, raw meat, raw fish, grains, etc contained in packages (including trays and containers) unopened, unopened dry noodles, etc</li> </ul>
	Av		opened	B1 Unopened food	<ul> <li>deli foods, instant cup noodles, retort-pouched foods, frozen foods, pastry buns, etc in unopened packages</li> </ul>
		A/B		<b>B' Unopened drinks</b>	<ul> <li>packaged (including containers) drinks (unopened)</li> </ul>
Fo	Avoidable	Un used		A2w Whole unused ingredients	<ul> <li>a slice of bread, whole fruits and vegetables, a mostly-intact cluster of grapes, etc</li> </ul>
Food w	food	food		A2wf Home-grown vegetables	<ul> <li>characteristically discarded in large amounts, these are vegetables that looked directly from fields, etc.</li> </ul>
waste	l waste			A2p Partly used ingredients	<ul> <li>raw rice, parts of fruits and vegetables (a quarter of an onion, etc), meats without packages, cuts of raw fish, processed, etc (no bags).</li> </ul>
	Õ			B2 Uneaten food	• a whole pastry role, a single pastry etc (no packaging), partly used items left in opened packaging intended for further storage
		C Lefto	ver	C Leftover food	<ul> <li>household dishes, partly eaten pastry breads, etc</li> <li>all dishes without packages or the packages of which have been opened</li> </ul>
				C' Leftover drinks	drink leftovers (opened)
	Non-Avoidable food waste	D Unea Intentic	iten parts/ mally	De Possibly avoidable	<ul> <li>vegetable scraps, used cooking oils, skins of meats or fish, fat (tallow etc), bread crust, etc</li> </ul>
Waalo	<i>i</i> oidab	remove	-	Di Inedible parts	<ul> <li>fruit skins and cores, grape stems, the brown skin of an onion, corn husks and bare cobs etc</li> </ul>
	<sup>© ©</sup> E Unclassifiable		assifiable		<ul> <li>waste from kitchen sink strainers etc or blended waste</li> </ul>

#### **A: Unused Ingredients**



			1 Un	A1 Unopened ingredients	<ul> <li>fresh vegetables/fruits, raw meat, raw fish, grains, etc contained in packages (including trays and containers) unopened, unopened dry noodles, etc</li> </ul>
	Avi		opened	B1 Unopened food	<ul> <li>deli foods, instant cup noodles, retort-pouched foods, frozen foods, pastry buns, etc in unopened packages</li> </ul>
	oid	A/B		B' Unopened drinks	<ul> <li>packaged (including containers) drinks (unopened)</li> </ul>
Fo	Avoidable	Un used		A2w Whole unused ingredients	<ul> <li>a slice of bread, whole fruits and vegetables, a mostly-intact cluster of grapes, etc</li> </ul>
Food w	food	food	2	A2wf Home-grown vegetables	<ul> <li>characteristically discarded in large amounts, these are vegetables that looked directly from fields, etc.</li> </ul>
waste	waste		Opened	A2p Partly used ingredients	<ul> <li>raw rice, parts of fruits and vegetables (a quarter of an onion, etc), meats without packages, cuts of raw fish, processed, etc (no bags).</li> </ul>
	Ð			B2 Uneaten food	• a whole pastry role, a single pastry etc (no packaging), partly used items left in opened packaging intended for further storage
		C Lefto	ver	C Leftover food	<ul> <li>household dishes, partly eaten pastry breads, etc</li> <li>all dishes without packages or the packages of which have been opened</li> </ul>
				C' Leftover drinks	drink leftovers (opened)
	Non-Avoidable food waste	D Unea Intentic	iten parts/ mally	De Possibly avoidable	<ul> <li>vegetable scraps, used cooking oils, skins of meats or fish, fat (tallow etc), bread crust, etc</li> </ul>
Wasie	/oidab	remove		Di Inedible parts	<ul> <li>fruit skins and cores, grape stems, the brown skin of an onion, corn husks and bare cobs etc</li> </ul>
	E Unclassi		assifiable		<ul> <li>waste from kitchen sink strainers etc or blended waste</li> </ul>



			1 Un	A1 Unopened ingredients	<ul> <li>fresh vegetables/fruits, raw meat, raw fish, grains, etc contained in packages (including trays and containers) unopened, unopened dry noodles, etc</li> </ul>
	Avi		opened	B1 Unopened food	• deli foods, instant cup noodles, retort-pouched foods, frozen foods, pastry buns, etc in unopened packages
	oic	A/B		B' Unopened drinks	<ul> <li>packaged (including containers) drinks (unopened)</li> </ul>
Fo	V	Un used	In sed	A2w Whole unused ingredients	<ul> <li>a slice of bread, whole fruits and vegetables, a mostly-intact cluster of grapes, etc</li> </ul>
ood w	food	food		A2wf Home-grown vegetables	<ul> <li>characteristically discarded in large amounts, these are vegetables that looked directly from fields, etc.</li> </ul>
waste	l waste			A2p Partly used ingredients	<ul> <li>raw rice, parts of fruits and vegetables (a quarter of an onion, etc), meats without packages, cuts of raw fish, processed, etc (no bags).</li> </ul>
	Ð			B2 Uneaten food	• a whole pastry role, a single pastry etc (no packaging), partly used items left in opened packaging intended for further storage
		C Lefto	ver	C Leftover food	<ul> <li>household dishes, partly eaten pastry breads, etc</li> <li>all dishes without packages or the packages of which have been opened</li> </ul>
				C' Leftover drinks	drink leftovers (opened)
	Non-Avoidable food waste	D Unea Intentic		De Possibly avoidable	<ul> <li>vegetable scraps, used cooking oils, skins of meats or fish, fat (tallow etc), bread crust, etc</li> </ul>
Wasie	<i>r</i> oidab	remove		Di Inedible parts	<ul> <li>fruit skins and cores, grape stems, the brown skin of an onion, corn husks and bare cobs etc</li> </ul>
	E Unclassifiable		assifiable		<ul> <li>waste from kitchen sink strainers etc or blended waste</li> </ul>



			1 Un	A1 Unopened ingredients	• fresh vegetables/fruits, raw meat, raw fish, grains, etc contained in packages (including trays and containers) unopened, unopened dry noodles, etc
	Avi		opened	B1 Unopened food	• deli foods, instant cup noodles, retort-pouched foods, frozen foods, pastry buns, etc in unopened packages
	<u>oic</u>	A/B		B' Unopened drinks	<ul> <li>packaged (including containers) drinks (unopened)</li> </ul>
Fo	Avoidable	Un used		A2w Whole unused ingredients	<ul> <li>a slice of bread, whole fruits and vegetables, a mostly-intact cluster of grapes, etc</li> </ul>
Food v	food	food	2	A2wf Home-grown vegetables	<ul> <li>characteristically discarded in large amounts, these are vegetables that looked directly from fields, etc.</li> </ul>
waste	l waste		Opened	A2p Partly used ingredients	<ul> <li>raw rice, parts of fruits and vegetables (a quarter of an onion, etc), meats without packages, cuts of raw fish, processed, etc (no bags).</li> </ul>
	Ð			B2 Uneaten food	• a whole pastry role, a single pastry etc (no packaging), partly used items left in opened packaging intended for further storage
		C Lefto	ver	C Leftover food	<ul> <li>household dishes, partly eaten pastry breads, etc</li> <li>all dishes without packages or the packages of which have been opened</li> </ul>
				C' Leftover drinks	<ul> <li>drink leftovers (opened)</li> </ul>
	Non-Avoidable food waste	D Unea Intentio	ten parts/ mally	De Possibly avoidable	<ul> <li>vegetable scraps, used cooking oils, skins of meats or fish, fat (tallow etc), bread crust, etc</li> </ul>
Wasic	voidab	remove	d	Di Inedible parts	<ul> <li>fruit skins and cores, grape stems, the brown skin of an onion, corn husks and bare cobs etc</li> </ul>
	ē	E Unclassifiable			<ul> <li>waste from kitchen sink strainers etc or blended waste</li> </ul>



			1 Un	A1 Unopened ingredients	<ul> <li>fresh vegetables/fruits, raw meat, raw fish, grains, etc contained in packages (including trays and containers) unopened, unopened dry noodles, etc</li> </ul>
	Avi		opened	B1 Unopened food	• deli foods, instant cup noodles, retort-pouched foods, frozen foods, pastry buns, etc in unopened packages
	oic	A/B		B' Unopened drinks	<ul> <li>packaged (including containers) drinks (unopened)</li> </ul>
Fo	ble	Un used	ed	A2w Whole unused ingredients	<ul> <li>a slice of bread, whole fruits and vegetables, a mostly-intact cluster of grapes, etc</li> </ul>
Food w	food	food		A2wf Home-grown vegetables	<ul> <li>characteristically discarded in large amounts, these are vegetables that looked directly from fields, etc.</li> </ul>
waste	waste			A2p Partly used ingredients	<ul> <li>raw rice, parts of fruits and vegetables (a quarter of an onion, etc), meats without packages, cuts of raw fish, processed, etc (no bags).</li> </ul>
	Ð			B2 Uneaten food	• a whole pastry role, a single pastry etc (no packaging), partly used items left in opened packaging intended for further storage
		C Leftover		C Leftover food	<ul> <li>household dishes, partly eaten pastry breads, etc</li> <li>all dishes without packages or the packages of which have been opened</li> </ul>
L L				C' Leftover drinks	drink leftovers (opened)
	Non-Avoidable food waste	D Unea Intentio	ten parts/ mally	De Possibly avoidable	<ul> <li>vegetable scraps, used cooking oils, skins of meats or fish, fat (tallow etc), bread crust, etc</li> </ul>
wasie	roidab	remove	d	Di Inedible parts	<ul> <li>fruit skins and cores, grape stems, the brown skin of an onion, corn husks and bare cobs etc</li> </ul>
	ble	E Uncl	assifiable		<ul> <li>waste from kitchen sink strainers etc or blended waste</li> </ul>



			1 Un	A1 Unopened ingredients	<ul> <li>fresh vegetables/fruits, raw meat, raw fish, grains, etc contained in packages (including trays and containers) unopened, unopened dry noodles, etc</li> </ul>												
	Av		opened	B1 Unopened food	• deli foods, instant cup noodles, retort-pouched foods, frozen foods, pastry buns, etc in unopened packages												
	0;	A/B		B' Unopened drinks	<ul> <li>packaged (including containers) drinks (unopened)</li> </ul>												
Fo	Avoidable	Un used	ed	A2w Whole unused ingredients	<ul> <li>a slice of bread, whole fruits and vegetables, a mostly-intact cluster of grapes, etc</li> </ul>												
Food w	food waste	food	2	A2wf Home-grown vegetables	<ul> <li>characteristically discarded in large amounts, these are vegetables that looked directly from fields, etc.</li> </ul>												
/aste				Opened	Opened	A2p Partly used ingredients	<ul> <li>raw rice, parts of fruits and vegetables (a quarter of an onion, etc), meats without packages, cuts of raw fish, processed, etc (no bags).</li> </ul>										
	ste																
		C Lefto	ver	C Leftover food	<ul> <li>household dishes, partly eaten pasti</li> <li>all dishes without packages or the pastic</li> </ul>												
				C' Leftover drinks	drink leftovers (opened)												
	Non-Avoidable food waste	D Unea Intentio	aten parts/ onally	De Possibly avoidable	<ul> <li>vegetable scraps, used cooking oils, skins of meats or fish, fat (tallow etc), bread crust, etc</li> </ul>												
	on-Avoidab food waste		ed	Di Inedible parts	<ul> <li>fruit skins and cores, grape stems, the brown skin of an onion, corn husks and bare cobs etc</li> </ul>												
	e	E Unc	lassifiable		<ul> <li>waste from kitchen sink strainers etc or blended waste</li> </ul>												

#### **Outline of Food Waste Sorting Analysis**

- Date: Sampling & Sorting :  $1^{st}$  Tue. 10th Jul. 2018  $2^{nd}$  Tue. 11th Dec. 2018
- Sampling area : Residential area in X ward, Tokyo
- Total amount of Sampling : 1<sup>st</sup> 71.55kg 2<sup>nd</sup> 81.80kg

of residual combustible waste, which are deposited at 3 waste collection points,

waste from about 40 households for 4 days







#### Flow of Food Waste Sorting Analysis



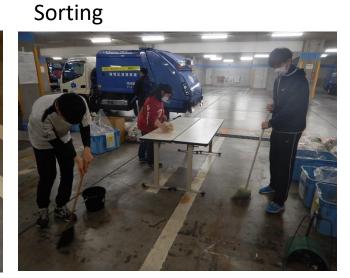


Setting up



Sorting





Weighing

Checking Exp.date

Cleaning/Clearance

### Sorting into detailed categories





E-RAPE

A2w: Whole unused ingredients

A2p: Partly used ingredients

A1 & B1:Unopened ingredients & Unopened food

**B2**:Uneaten (ready-to-beeaten) food



C: Leftover



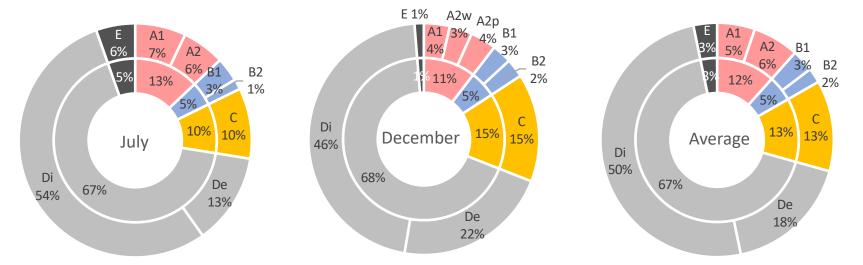
C': Leftover drinks



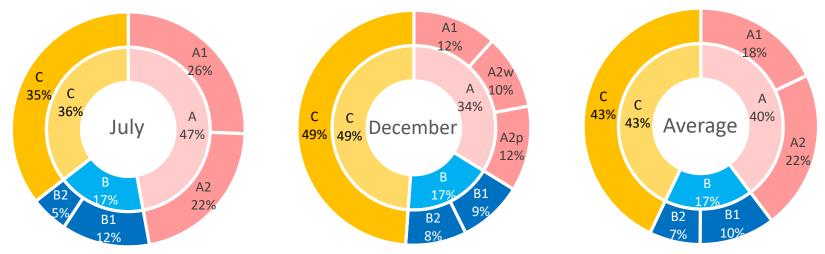


**De**: Possibly avoidable **Di**: Inedible parts

#### **Results: Food Waste Composition In an Urban Area**

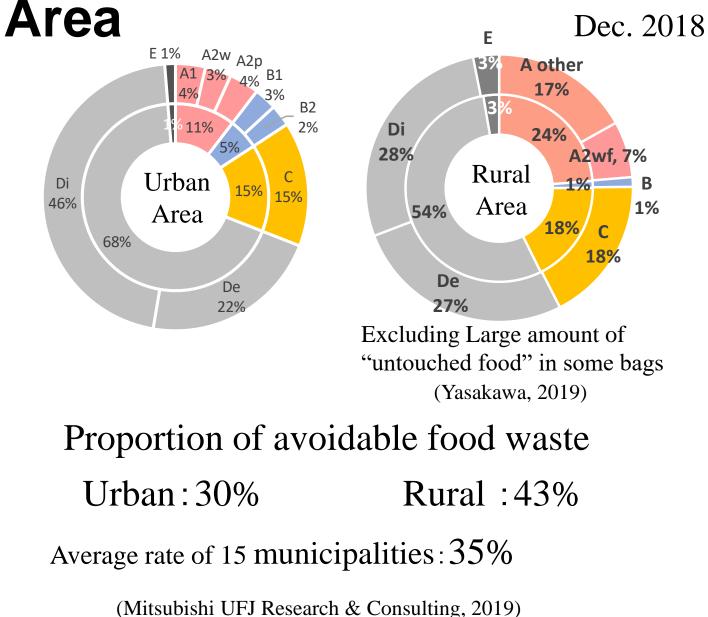


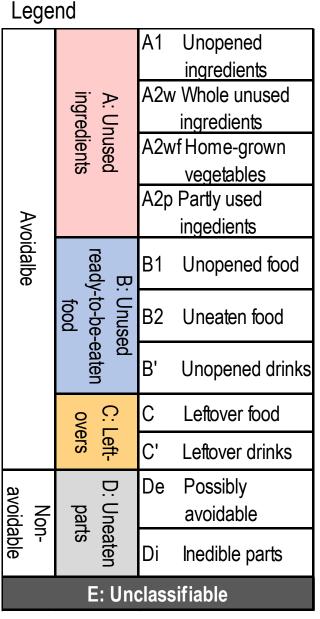
Results of food waste composition analyses (July, December, and average)



Rates of the different classifications of avoidable food waste for each analysis as a percentage of total avoidable food waste (July, December, and average)

## Food Waste Composition: Urban and Rural





## Discussion

- (1) Easy to understand,
- Not so much confusion

(2) Easy to sort food waste into,

• Students did not have so many troubles

(3)Useful for planning policies and activities for food waste prevention

• Yes. It can be used to identify the priority of activities for reduction of avoidable food waste

## Acknowledgment

This research was supported by the Environment Research and Technology Development Fund (3-1805)

#### Thank you for your attention!