



# Resilience (and sustainability) in food systems



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International Affairs

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# **INTRODUCTORY CONCEPTS: RESILIENCE 101**

Resilience is the speed which the system returns to stability – and depends on depth and width of cup

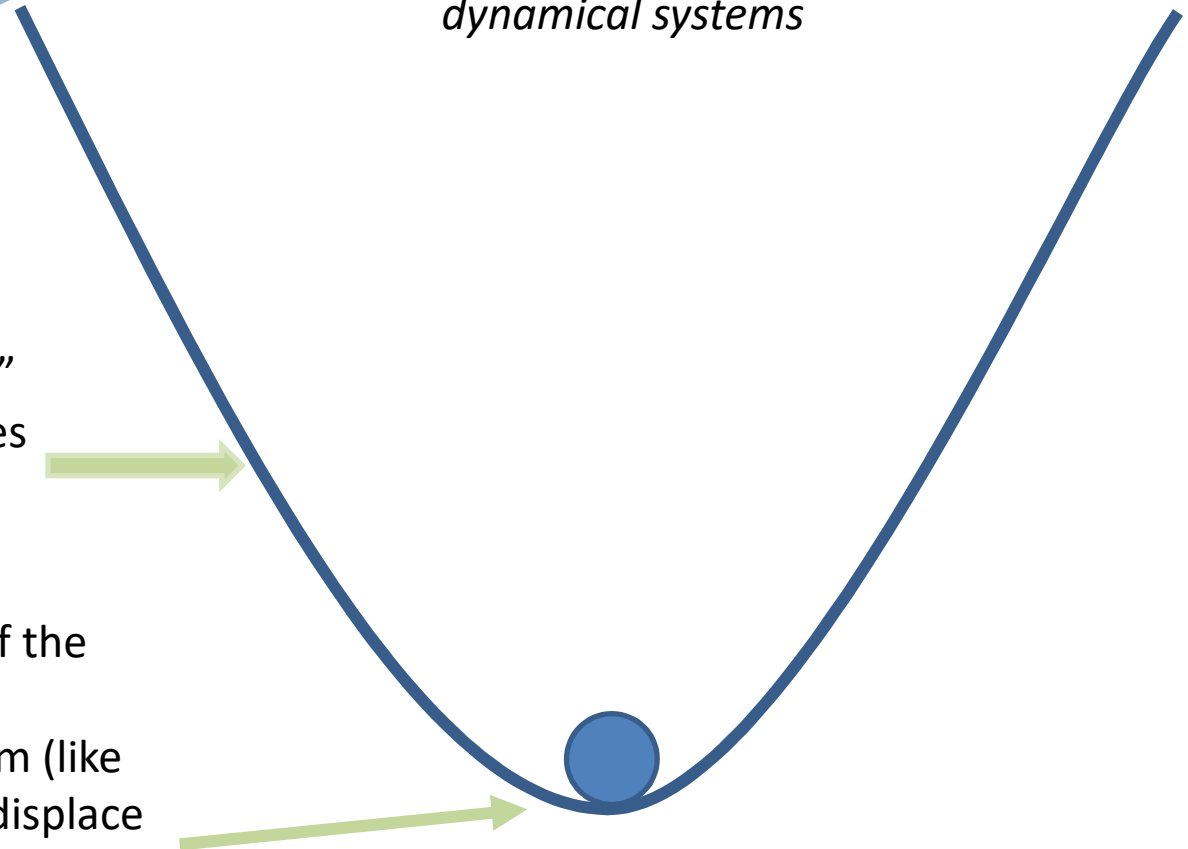
## Resilience: recovery from “shock”

*“Cup and ball” depiction of dynamical systems*

Cup defined by “slow” or controlling variables (e.g. climate, soil “health”)

Ball represents state of the system (e.g. yields)

- Shocks to the system (like extreme weather) displace the ball
- Negative feedbacks return it to stable state





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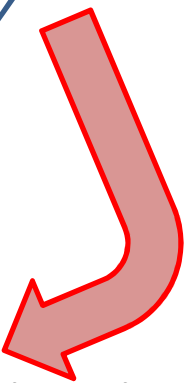
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# Resilience: recovery from “shock”

*High resilience:*  
system quickly  
returns to stability

*Low resilience:*  
system slowly  
returns to stability



Soil degradation



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# Resilience and tipping points

*Systems with low resilience can  
“tip” into alternative stable  
states – especially if shocks are  
getting bigger*

Tipping point



Low yielding state

High yielding state





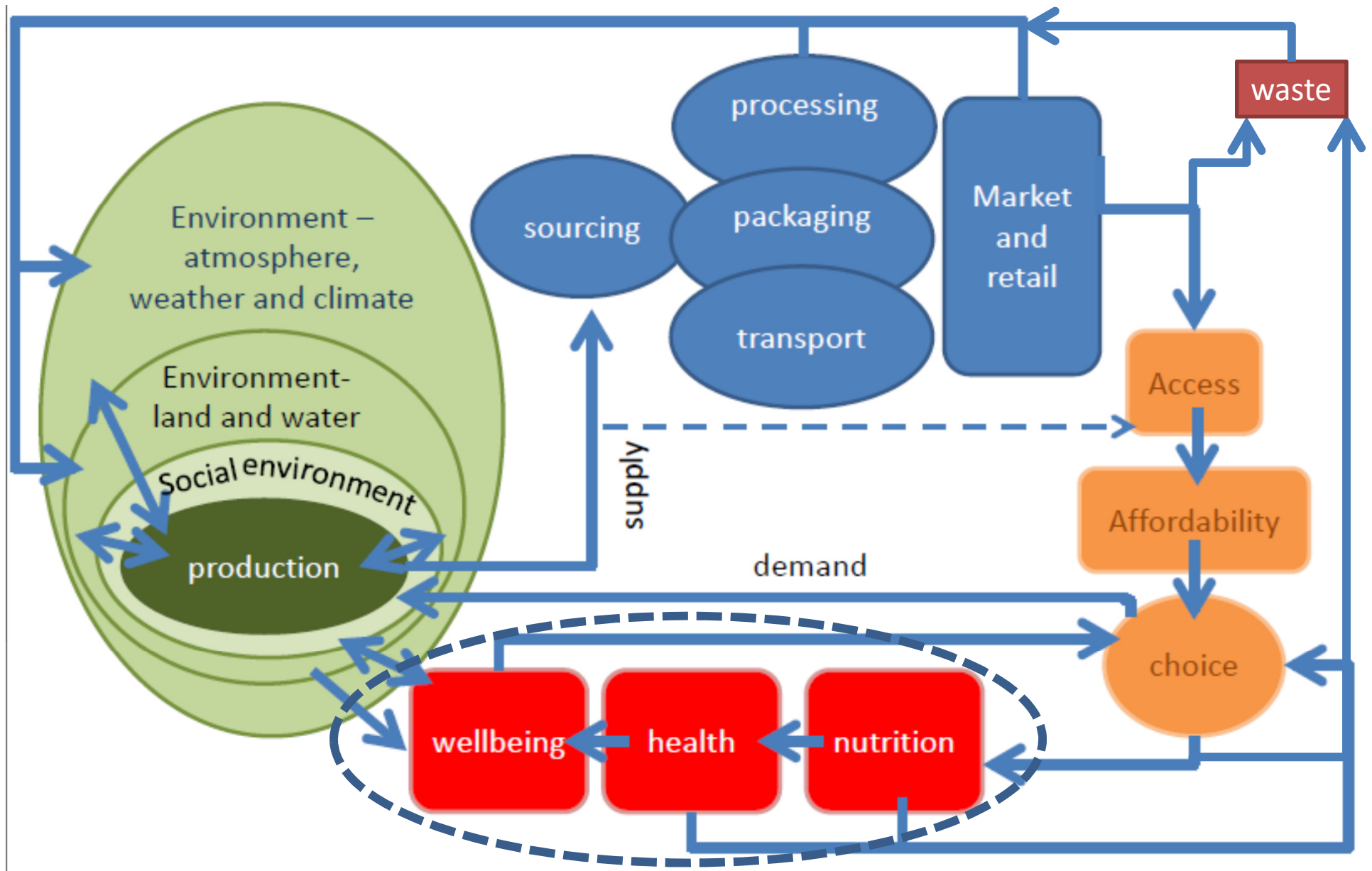
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# **POINT 1: RESILIENCE OF THE FOOD SYSTEM IS NOT THE SAME AS RESILIENT AGRICULTURE**

# The food system



# As yields grow, waste grows faster

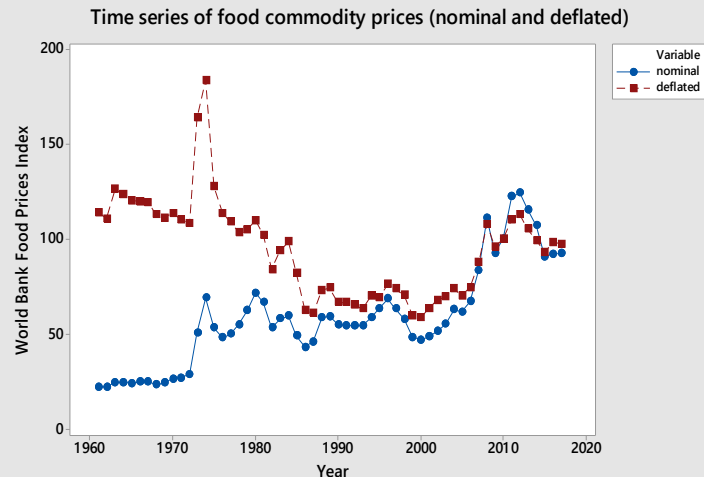


Fig 2.19. Nominal and Real global food prices since 1961. Data from World Bank <http://data.worldbank.org/>

making food cheaper  
embeds waste as  
“economically  
rational behaviour”

A half-century of production-phase greenhouse gas emissions from food loss & waste in the global food supply chain

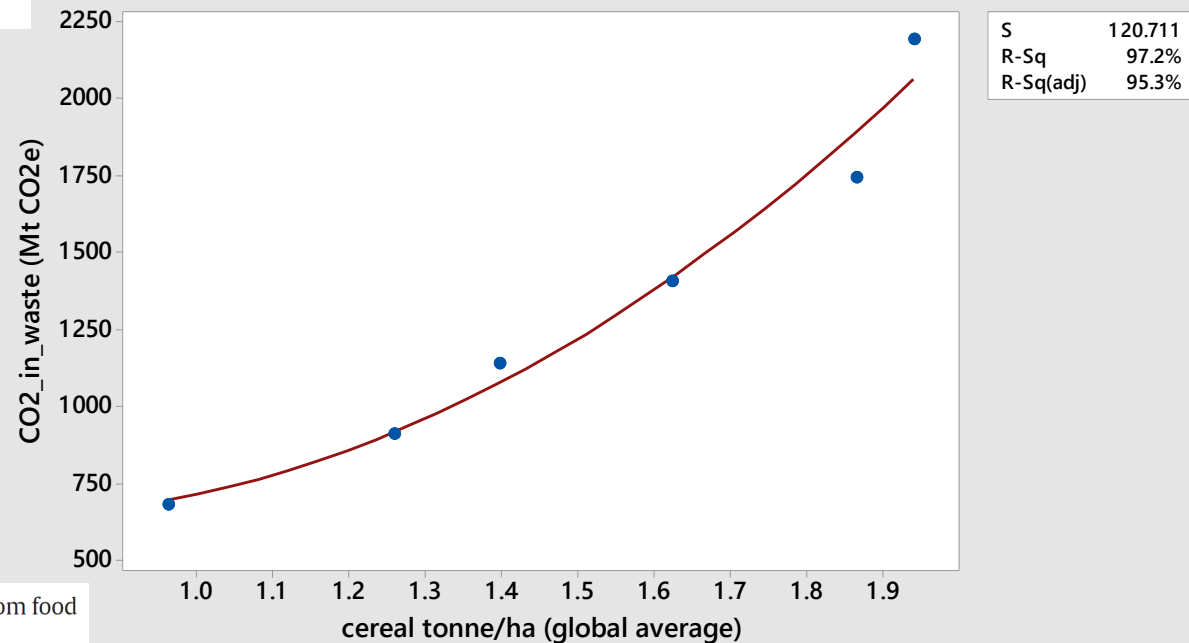
Stephen D. Porter <sup>a,\*</sup>, David S. Reay <sup>a</sup>, Peter Higgins <sup>b</sup>, Elizabeth Bomberg <sup>c</sup>

<sup>a</sup> School of GeoSciences, University of Edinburgh, Edinburgh EH8 9XP, UK

<sup>b</sup> Moray House School of Education, University of Edinburgh, Edinburgh EH8 9JX, UK

<sup>c</sup> School of Social & Political Science, University of Edinburgh, Edinburgh EH8 9LD, UK

Fitted Line Plot  
CO<sub>2</sub>\_in\_waste (Mt CO<sub>2</sub>e) = 1138 - 1383 cereal tonne/ha  
+ 958.9 cereal tonne/ha<sup>2</sup>



Science of the Total Environment 571 (2016) 721–729

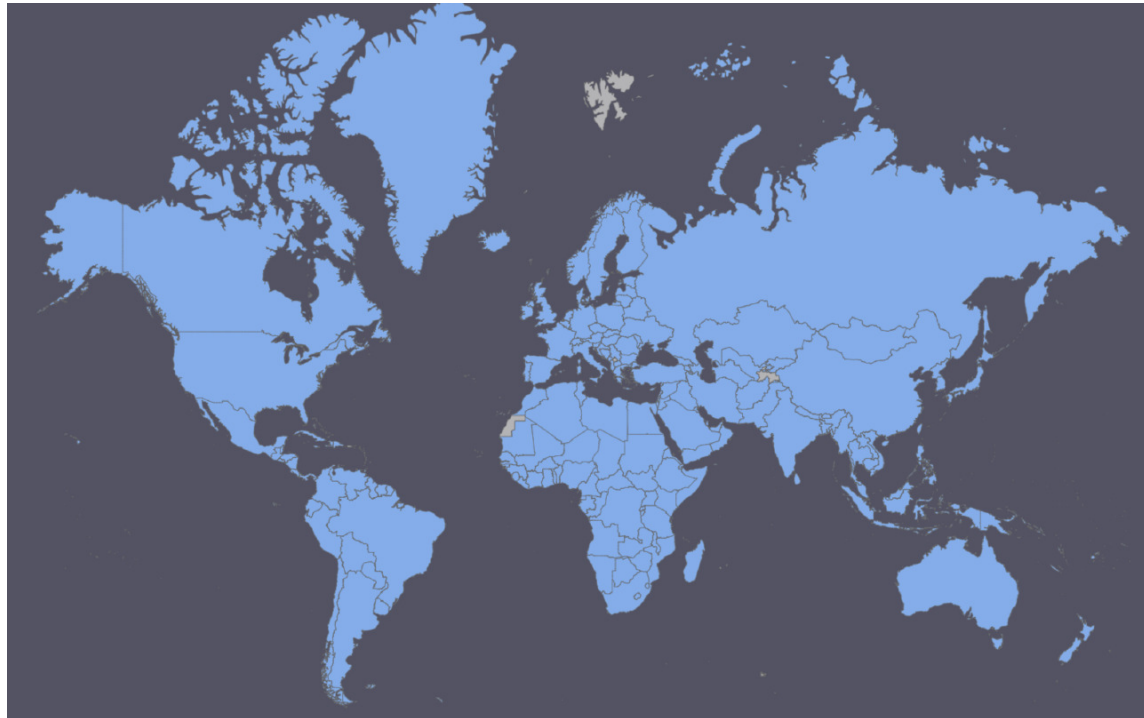




  
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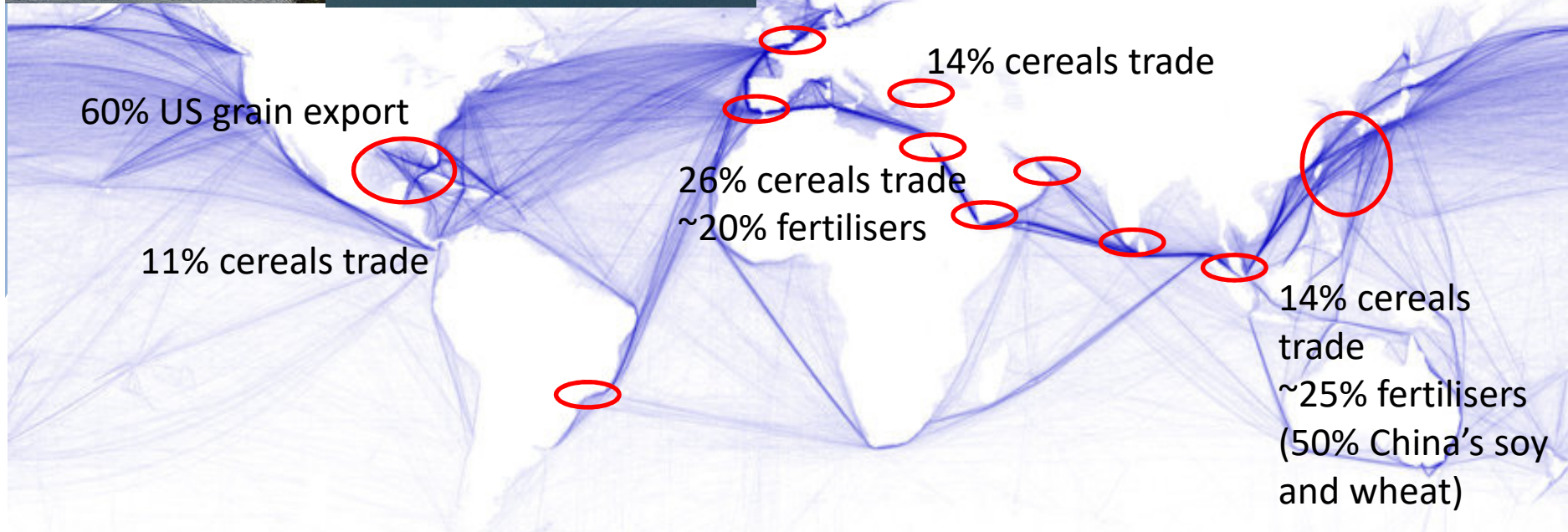
# Food systems are spatial

...so food system resilience depends on more than local agricultural resilience

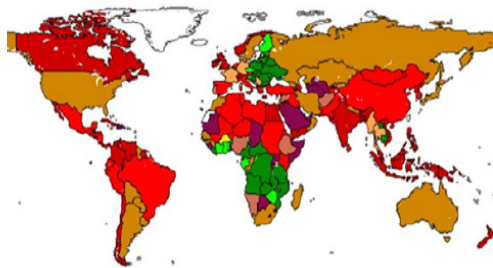
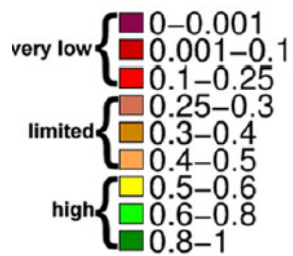


The UK as an example of a food system: the countries in blue exported food to the UK 2011-2016

# Food system resilience requires resilient transport infrastructure



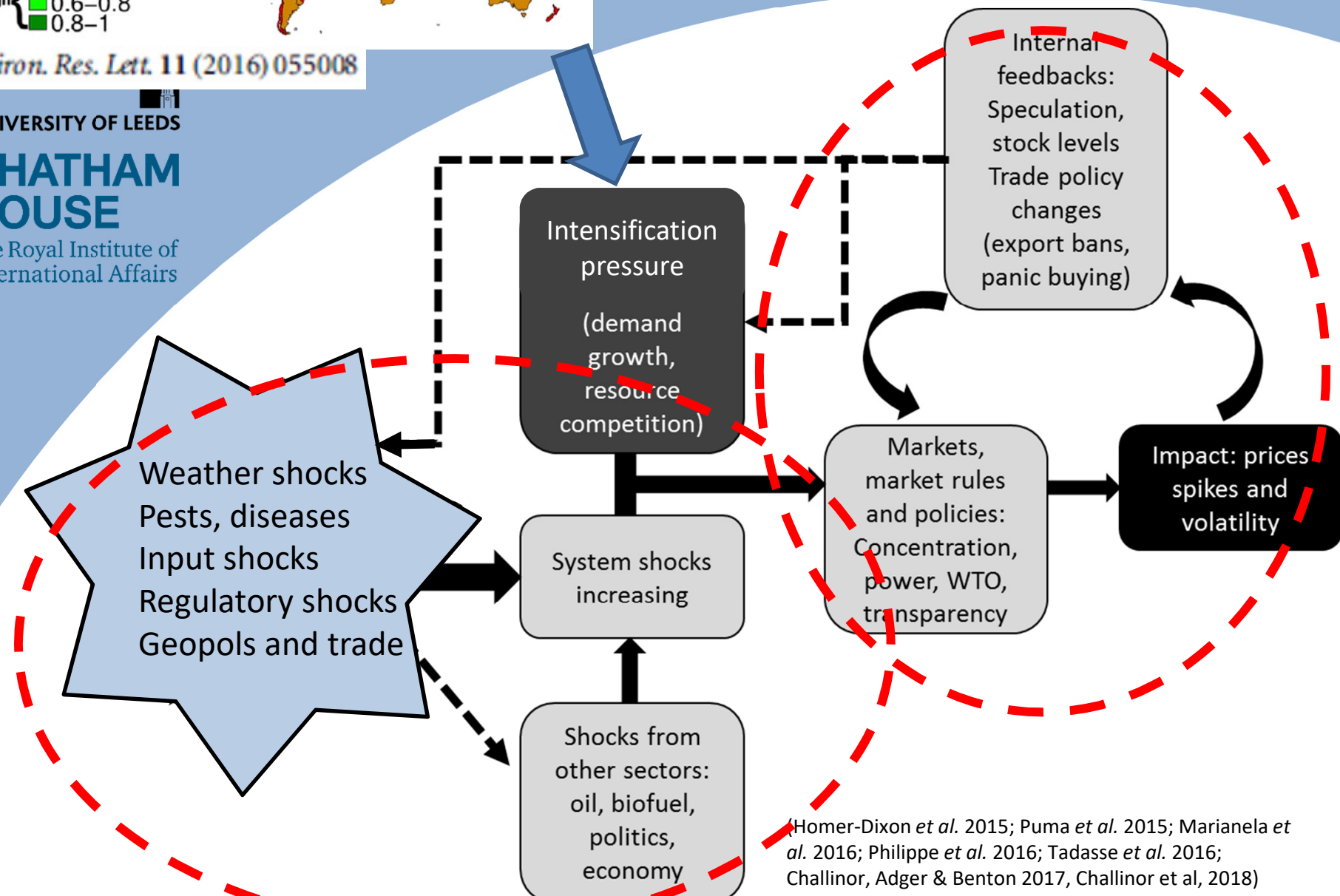
<https://www.chathamhouse.org/about/structure/department/vulnerabilities-and-choke-points-global-food-trade-project>



# Food system resilience depends on many factors

*Environ. Res. Lett.* **11** (2016) 055008

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(Homer-Dixon *et al.* 2015; Puma *et al.* 2015; Marianela *et al.* 2016; Philippe *et al.* 2016; Tadasse *et al.* 2016; Challinor, Adger & Benton 2017, Challinor *et al.* 2018)



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# **POINT 2: RESILIENCE IS NOT ALWAYS GOOD**



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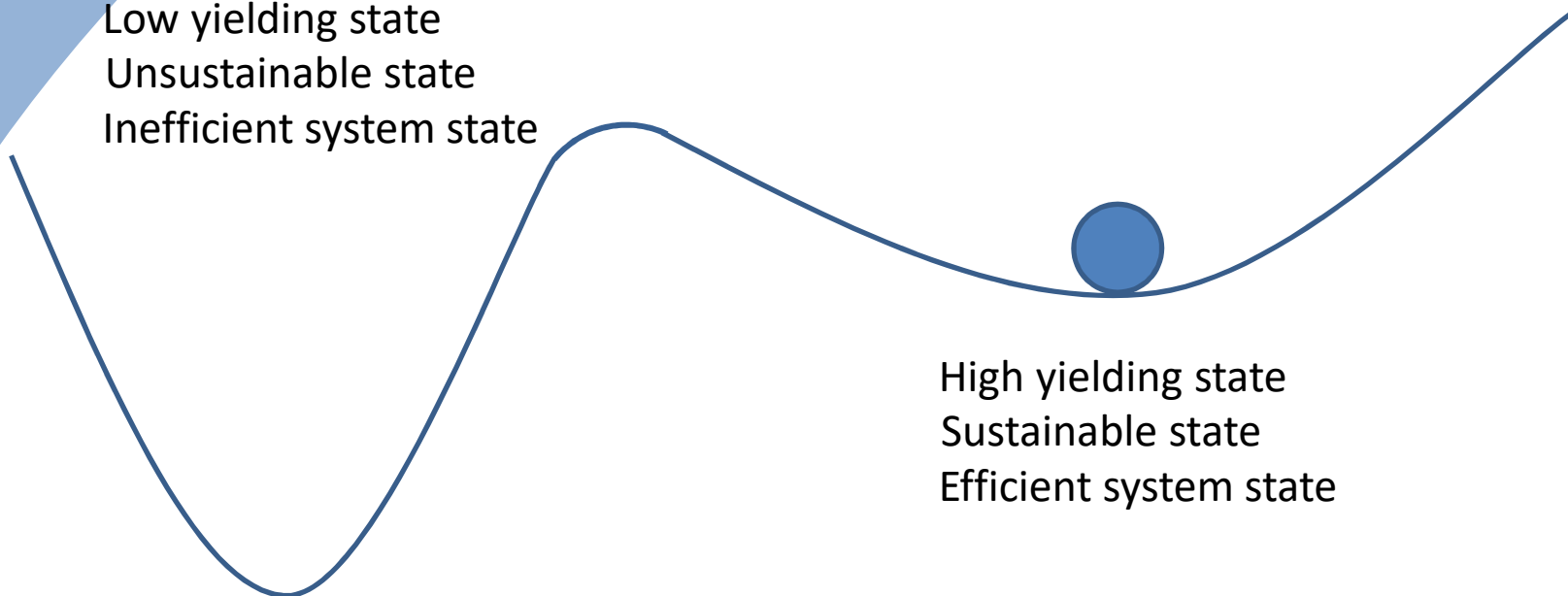
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“Lock-in” or  
“inertia” can be  
the *wrong sort* of  
resilience



Low yielding state  
Unsustainable state  
Inefficient system state

High yielding state  
Sustainable state  
Efficient system state





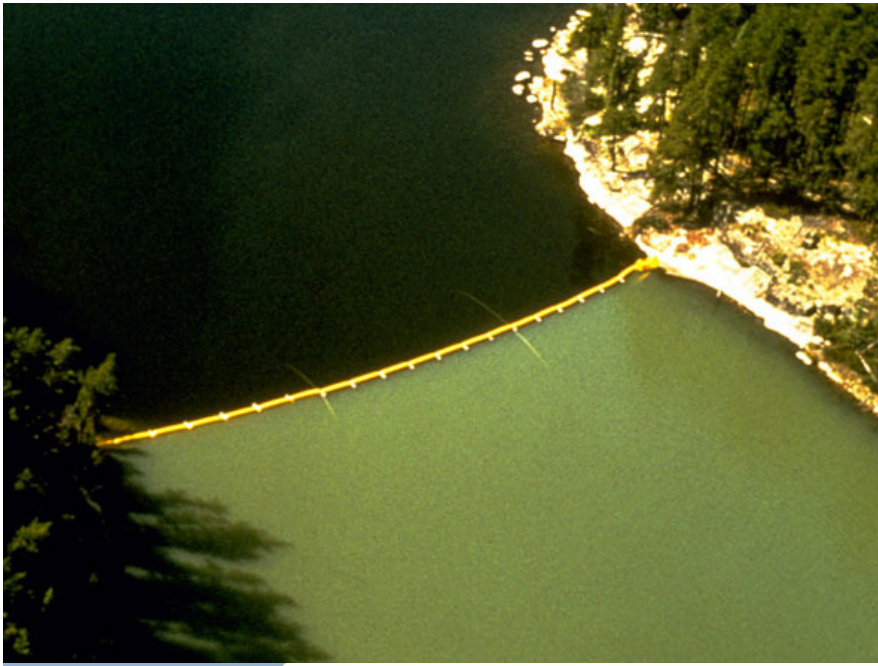


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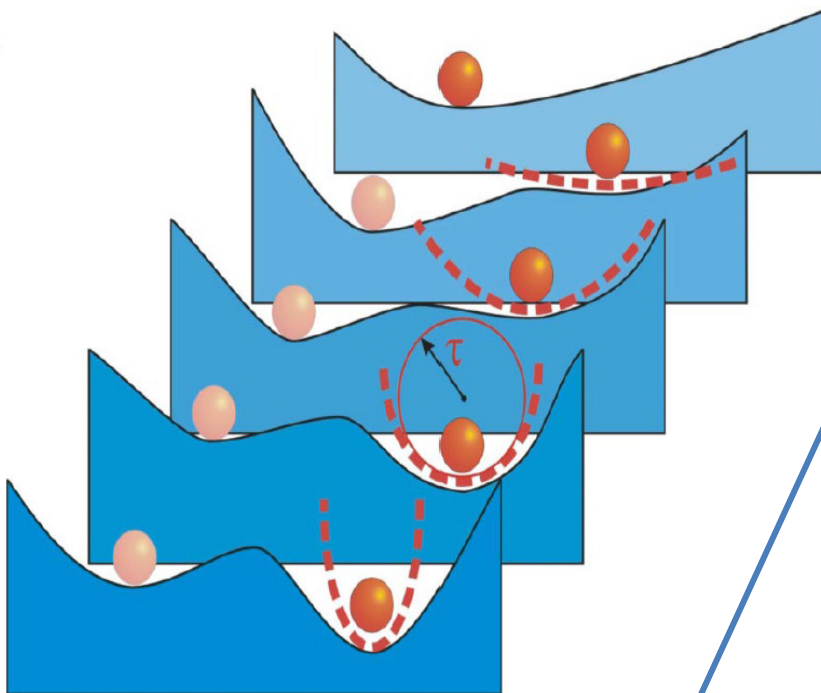
## **POINT 3: CHANGE (CLIMATE, TRADE, SOILS) CHANGES RESILIENCE**



# Changing resilience

Incremental changes can have little effect until close to a tipping point, where resilience can degrade rapidly

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Time  
Changing climate  
intensification  
Slow soil degradation  
Loss of biodiversity  
Air or water quality  
Trade patterns  
Social norms



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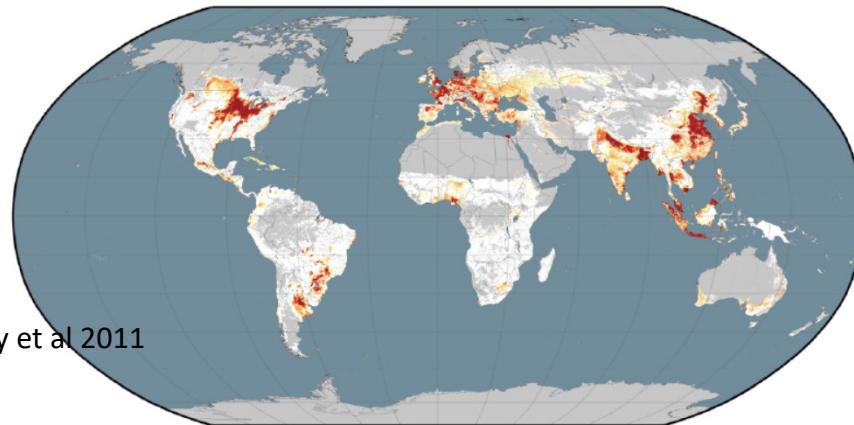
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# **POINT 4: RESILIENCE TO SHOCKS VS RESILIENCE TO CHANGE**

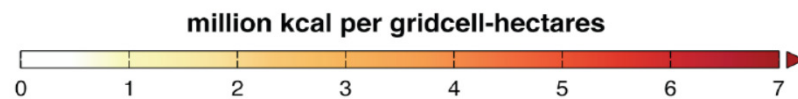


Fig 57a

### Intrinsic Calorie Production



Foley et al 2011



Global markets driving (narrow sense) efficiency lead to concentration in intensive farming, crops, places and risks



Over 50% of the world's crop calories come from wheat, rice and maize, adding sugar, barley, soy, palm, potato gets to 76%

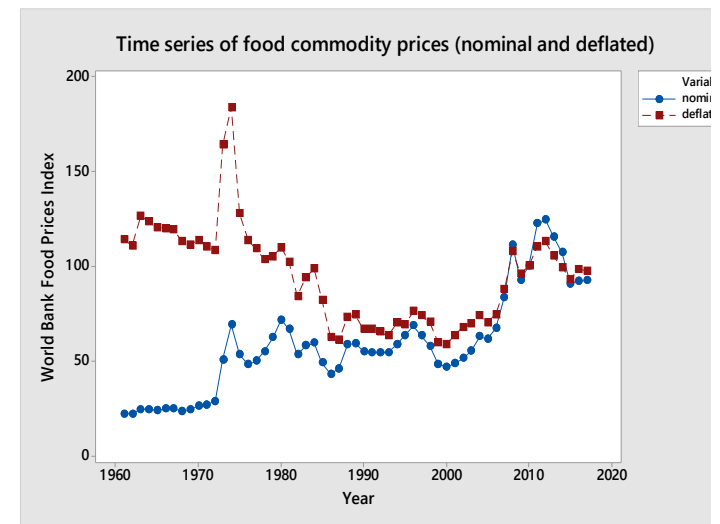
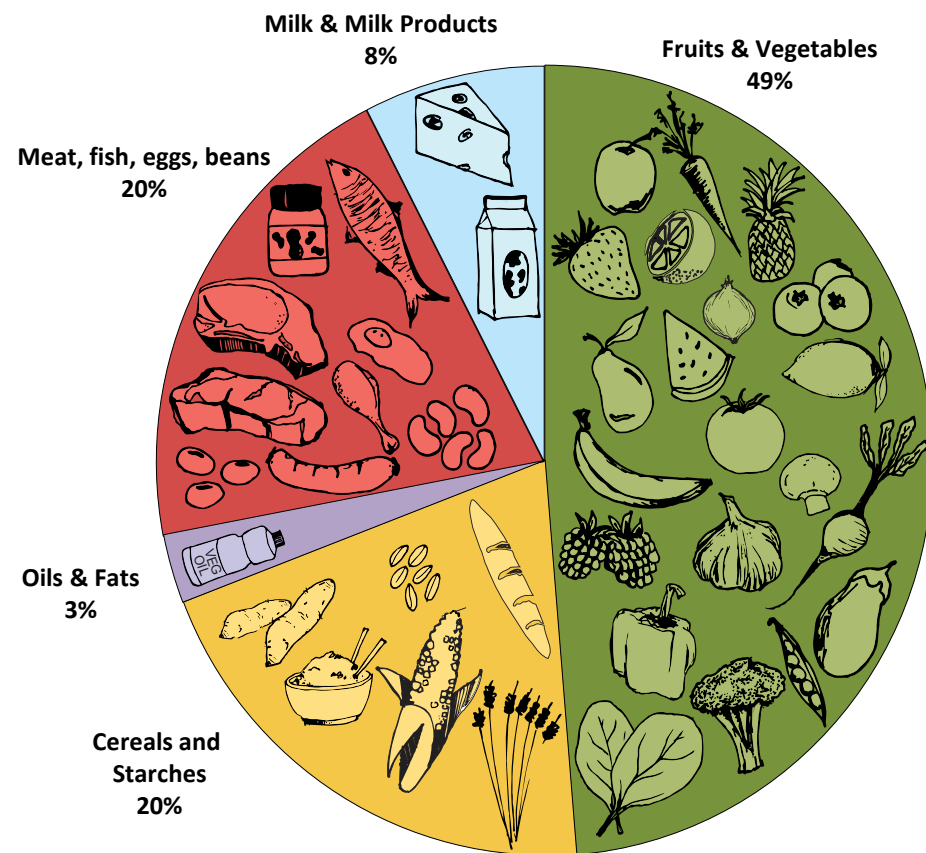
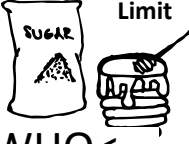


Fig 2.19. Nominal and Real global food prices since 1961  
Data from World Bank <http://data.worldbank.org/>

## What we should be eating (Harvard's Healthy Eating Plate Model)



 Limit  
WHO < 5%

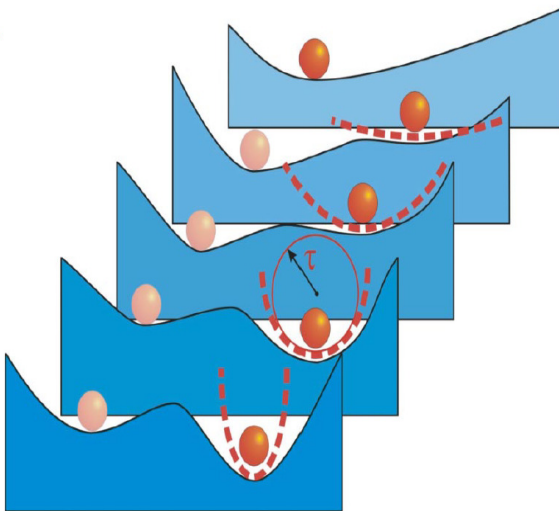


# The food system is on an unsustainable trajectory



COMMITTED TO  
IMPROVING THE STATE  
OF THE WORLD

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- GHG emissions are contributing to climate change
- Malnutrition in all its forms is growing
- The food system is highly inefficient
- “narrow-sense” efficiency drives concentration of risk in few crops, few breadbaskets, highly connected systems, at the same time that shocks are increasing



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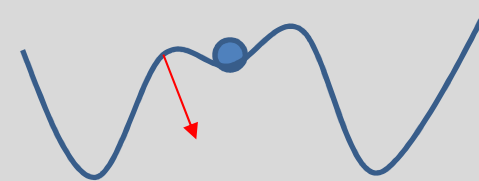
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# Narrow-sense efficiency model is problematic

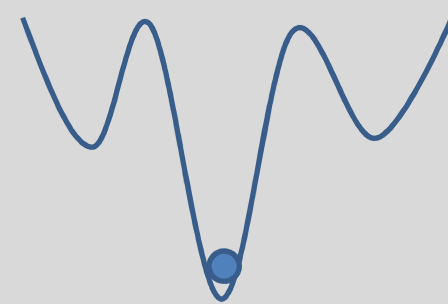


*The system as a  
whole is very  
resilient to  
transformation  
to a “better”  
state*

**Food system functioning**



worse    current    better



**Food system governance**  
(WTO, ag policies, market  
forces and concentration)



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# CONCLUSIONS



# Routes to resilience

Historically:

- balance of local and traded
- Diversified (not all eggs in one basket)
- Food stores

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## Farming

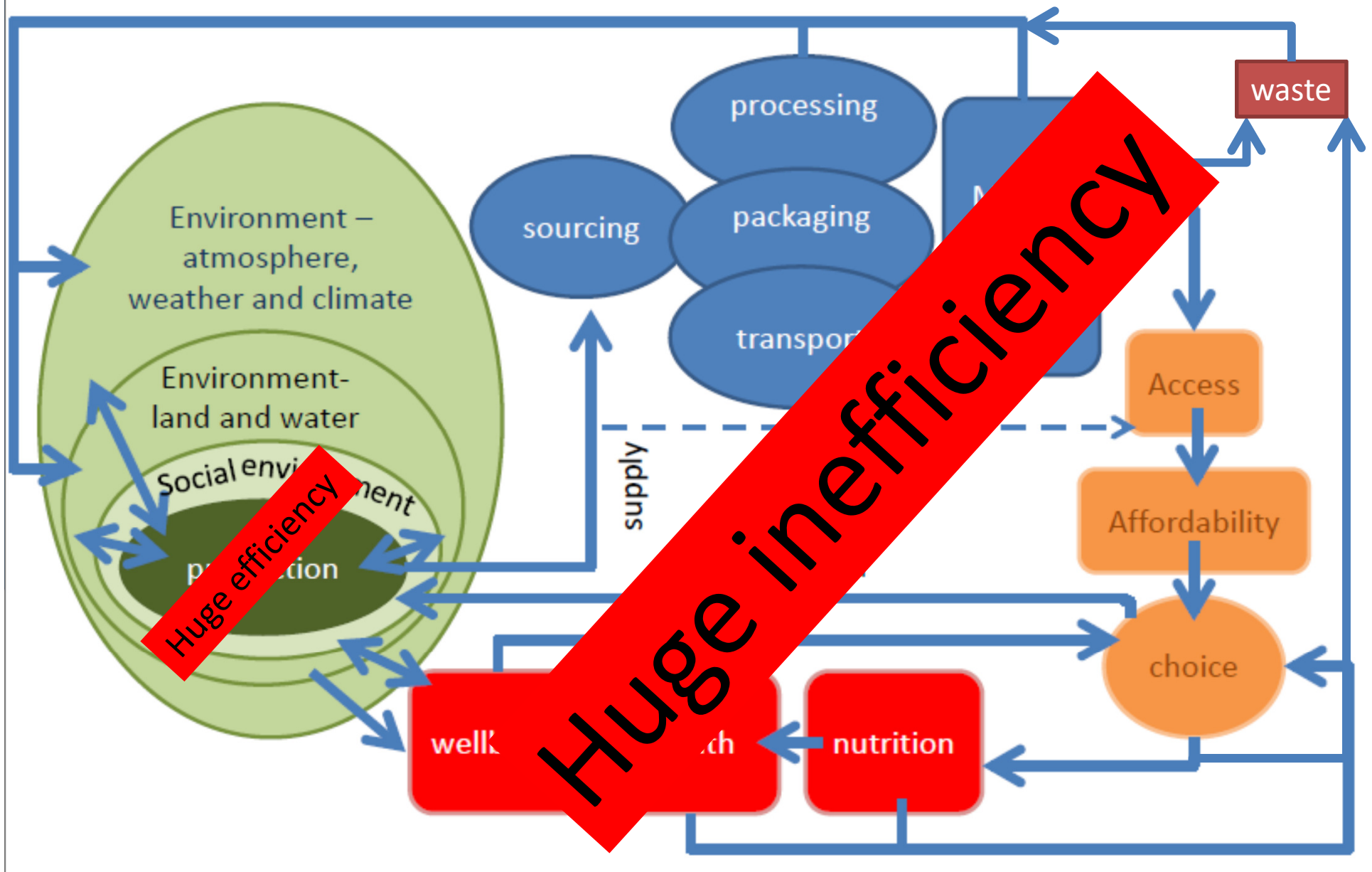
- Genetics
- Soils
- Pests and diseases
- Diversity in space and time (rotations) (bet-hedging, plus reduction of homogeneity)
- Forecasts (seasonal, decadal)
- Infrastructure (irrigation)

## Food system

- Diversify products and places
- Trade rules (export bans)
- Virtual or real regional food stores
- Transparency of stocks
- Transport infrastructure/chokepoints
- Food culture/waste/market expectations (change demand elasticity)
- Food system efficiency



Greater concentration on systemic efficiency will reduce pressure on the whole system





# finally

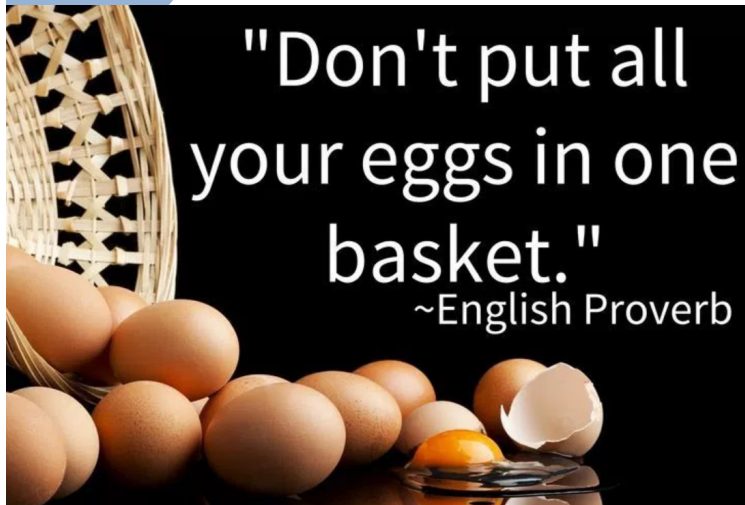


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- Systemic resilience may be built around reducing (narrow sense) agricultural efficiency:
  - Efficiency drives scale and concentration on few products
  - Resilience often requires diversification to portfolio







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# Thank you!

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